

TRAINING CAMPS

JUNIORS





OUR COACHING PHILOSOPHY



At the Mouratoglou Academy, our philosophy has always been to adapt our way of coaching to every individual, from beginners to professional players.

We rely on a tailor-made educational vision to meet the needs of each individual.

Our coaching team is driven by a unique passion and dedication to work closely with each player, as they have done for more than 25 years.

Each coach uses the methodology that I have developed and applied successfully with the professional players with whom I have collaborated.

This methodology will enable your child to obtain results at the end of their stay.

Indeed, this training camp will ensure them real progress in the short term, and will allow them to set medium-term work goals for the rest of their tennis journey.

The high-level methodology, finally at their reach.



PATRICK MOURATOGLOU

A stylized, handwritten signature in black ink, appearing to read 'P. Mouratoglou'.

IN THE HEART OF THE FRENCH RIVIERA

LOCATED IN SOPHIA-ANTIPOLIS

15 MINUTES FROM NICE
INTERNATIONAL AIRPORT

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STATE-OF- THE-ART FACILITIES

An aerial photograph of a large, modern sports and resort complex. The facility includes several tennis courts with blue and green surfaces, a large swimming pool with a curved edge, and multiple modern buildings with glass facades and flat roofs. The complex is surrounded by lush green trees and landscaping. The overall design is contemporary and functional, catering to both sports and leisure activities.

33 CLAY & HARD COURTS (8 covered courts)

4 PADEL COURTS

STUDENT CAMPUS (school & boarding house)

ATHLETIC TRACK

MULTISPORTS AREA

FITNESS ROOMS & WEIGHT LIFTING AREAS

PRO-SHOP

SPORTS MEDICINE CENTER

4-STAR HOTEL

SPA

RESTAURANTS & BAR

4 POOLS

VIP & SEMINAR ROOMS

RÉSIDENCE

WHERE CHAMPIONS TRAIN

Thanks to its ideal location between Nice and Cannes, the Mouratoglou Academy is widely considered as the ideal training ground for the world's best professional players. **Stefanos Tsitsipas**, **Coco Gauff** or **Daniil Medvedev** are regularly seen practicing on our courts in between tournaments. If you come to the Mouratoglou Academy for a tennis camp, you might very well glimpse or run into one of them at the turn of a path and watch them during their training sessions and often share their experience with the guests during Q&A sessions or book signings.

NOVAK DJOKOVIC

STEFANOS TSITSIPAS / COCO GAUFF

HOLGER RUNE / ANDY MURRAY / FRANCES TIAFOE

GRIGOR DIMITROV / DANIIL MEDVEDEV / ALEXANDER ZVEREV

STANISLAS WAWRINKA / ANASTASIA PAVLYUCHENKOVA

GAËL MONFILS / ALIZÉ CORNET / BENOÎT PAIRE

JÉRÉMY CHARDY / VICTORIA AZARENKA

BRENDA & LINDA FRUHVIRTOVA

CAMERON NORRIE





FROM 10 YEARS OLD

INTENSIVE CAMP

(BOARDING & NON-BOARDING)

The ultimate training camp for any player wishing to practice tennis through an advanced sports programme.

- > Full day, from Monday to Saturday
- > Lunch included everyday (except Saturday)
- > Individual coaching options: mental, physical, tennis

Comprehensive work on the fundamentals of the game throughout the week.

TRAINING VOLUME

- > Tennis: 3hrs/day (4hrs during summer)
- > Physical activities & collective sports: 3hrs/day
- > Additional activities: Recovery/stretching, yoga, mental

FROM
1 049 € THE WEEK
(accommodation excluded)



RECOMMENDED
by Patrick Mouratoglou

FROM 11 YEARS OLD

COMPETITION CAMP

(BOARDING & NON BOARDING)

This performance-oriented camp is aimed at all players who wish to combine intense training during the week with a high level of competition in matches at the weekend.

- > All levels accepted
- > Full day
- > Minimum stay of 15 days mandatory
- > Lunch included, everyday
- > 1 UTR tournament during the fortnight

This ultra-intensive camp is directed to every player who wishes to discover competition tennis or play matches at a high level of competition.

TRAINING VOLUME

- > Tennis: 3hrs/day (4hrs during summer)
- > Physical activities & collective sports: 3hrs/day
- > Additional activities: Recovery/stretching, yoga, mental
- > 1 UTR tournament (3 matches guaranteed)

FROM
3 448 € FOR 2 WEEKS
(accommodation excluded)



FOR THE
YOUNGEST

FROM 6 YEARS OLD

HALF-DAY CAMP

(NON-BOARDING ONLY)

There are no small victories. Discover a softer camp experience with our half-day package.

- > Morning only
- > Monday to Saturday morning

Ideal for young players and beginners.

TRAINING VOLUME

- > Tennis: 1hr30/day (2hrs during summer)
- > Physical activities: 1hr30/day

FROM
699 € THE WEEK
(accommodation excluded)



FROM 9 YEARS OLD

TENNIS & GOLF CAMP

(BOARDING & NON-BOARDING)

This package combines two sports often depicted as complementary.

- > Full day, from Monday to Saturday morning
- > Lunch included, everyday (except Saturday)
- > Language options (French or English)

TRAINING VOLUME

- > Tennis: 1hr30/day (2hrs during summer)
- > Golf: 3hrs/day
- > Physical activities & collective sports: 1hr30/day

FROM
1 199 € THE WEEK
(accommodation excluded)

ADDITIONAL OPTIONS

A performance boost that's tailored to each individual athlete, for an even more personalized coaching.

1. TENNIS COACHING (5 HRS)

- > Individual coaching lesson
- > Technical & specific tactical training tailored to the player

750 €

2. PHYSICAL COACHING (2 HRS)

- > Morphological assessment (1hr)
- > Analysis of the performance with a fitness coach (30')
- > Individual report
- > Tailored training program
- > Massage with one of our physiotherapists (30')

250 €



3. MENTAL COACHING

(3 HRS)

- > 1 on 1 with a professional coach (1hr analysis)
- > Match scenario & coaching (1hr)
- > Debriefing (& areas of improvement)

300 €

RECOMMENDED
by Patrick Mouratoglou



4. RECOVERY PACK

- > Contrast baths (2 sessions)
- > Pressotherapy (2 sessions)

150 €

5. BATH PACKAGE

- > 4 sessions of recovery baths

150 €

LANGUAGE STUDY PROGRAM

Your child can study a subject with our French and international teachers.

LEARN A NEW LANGUAGE

In addition to tennis, your child have the opportunity to improve their language skills.

- > English or French
- > From Monday to Friday
- > 1hr30/day
- > All levels accepted

FOR MORE INFORMATION

Please contact : camps@mouratoglou.com

300 € THE WEEK
BY SUBJECT





SUMMER TOUR

(BOARDING ONLY)

Experience a tennis tour like the pros!

Over the span of three weeks, our coaches will be taking your child to 6 tournaments throughout the French Riviera region, the opportunity to play a series of matches and to share a unique human experience with the other players on the tour.

- > Minimum French ranking: 15/5
- > UTR: 4.0

A TYPICAL DAY:

- > Collective warm up
- > Practice adapted to your match day schedule (tennis or fitness)
- > Constructive match feedback provided by one of your coaches
- > Evening animations with the rest of the team
- > Matches

FROM
5 550 € FOR 3 WEEKS
(accomodation included)

ACADEMY LIFE

At the Mouratoglou Academy, the accommodation and the tennis courts are located on the same site. Every detail has been carefully thought out to ensure that your child has all the comfort and equipment necessary for their development.

Our team is on hand 24 hours a day, 7 days a week. Well-balanced food, high-speed internet, air conditioning in the rooms complete the offer.

The Mouratoglou Campus is a cosmopolitan venue that welcomes players of many nationalities. An environment is conducive to open-mindedness and a wonderful window onto the world.

BOARDING HOUSE:

- > 76 Rooms all equipped with a bathroom & shower inside the room, air conditioning and wifi
- > 2-4 students per room
- > Study Room & Media Center
- > Game Room
- > TV & Cinema Room
- > Security cameras

CAFETERIA (on site):

- > Balanced and varied menus

ARRIVAL ON SUNDAY

DEPARTURE ON SATURDAY MORNING

FROM
890 € FOR WEEKDAYS
(6 nights included - fullboard)



SAFE AND WELCOMING
ACCOMMODATION FOR YOUR CHILD.



BABY TENNIS

Little ones have their own training course!

Available from the age of 3, the Baby Tennis formula gives little champions the opportunity to take part in fun and sports activities, and discover tennis at the Mouratoglou Academy.

Every morning, the course includes:

- > **Sports (tennis or other sports activities)**
- > **Other early learning activities**

FROM
699 € THE WEEK
(accomodation excluded)

Subject to availability.



LE SAVIEZ-VOUS ?

FAMILY PACK

All camps can add family members and make it a family camp package.

- > Intensive Family pack
- > Half-day Family pack

**MARCH TO JUNE
& SEPTEMBER TO NOVEMBER**

FROM
2696 € THE WEEKDAYS
FOR 2 ADULTS AND 2 CHILDREN
(accommodation excluded)

Subject to availability.

FAMILY STAY

Welcome to an exceptional location on the French Riviera that has everything you need to enjoy the vacation of your dreams, whether that means plenty of activities, or plenty of relaxation with your child.

Located on the same site that the Mouratoglou Academy, come discover the four-star services that will provide you with a rejuvenating stay: sports and recovering activities, gastronomic restaurant, luxurious 700 m² Spa, and unrestricted access to our outdoor pools.

- > 154 rooms
- > Restaurants
- > Bar/lounge
- > 4 pools
- > Spa
- > 11 seminar rooms
- > Fitness room
- > Group classes
- > Water sports

FROM
140 € THE NIGHT



THE RESIDENCE: ON-SITE COMFORT

This new luxury residence is a lodging solution for families who wish to live within the heart of our Resort.

The residence offers several comfortable apartments for rent from studio to three-bedroom apartments. All have fully equipped kitchens, balconies with stunning views of the Mouratoglou Academy tennis courts.

The Residence also has its own outdoor pool.

This new infrastructure allows you to make lifetime memories as a family.

The Residence offers families furnished*, modern and luxury apartments for optimal comfort.

*Subject to availability and from 18 years old.



> Furnished apartment:

The rental of the property is for a period of 1 week to 12 months maximum.

Animals are not accepted.



ADULT OFFERS

(BOARDING & NON-BOARDING)

*At the Mouratoglou Academy,
enjoy various offers dedicated
to adults only.*

TENNIS CAMPS

- > Weekly or weekend camps
- > Full-day or Half-day

INDIVIDUAL OPTIONS

A multitude of choices is available, allowing you to live unique tailor-made experiences.

- > Individual coaching (tennis, mental,...)
- > Welfare (spa, massage, cryotherapy,...)
- > Full personalized coaching with our fitness coaches

MORE INFORMATION

in the adult camps brochure or on
the website: www.mouratoglou.com



THE MOURATOGLOU EXPERIENCE THROUGHOUT THE YEAR

*Turn your child's passion
into a lifetime project.*

OUR TENNIS & SCHOOL PROGRAM

Student-athletes from all over the world choose to train and study at the Mouratoglou Academy, which creates a culturally rich and vibrant environment. Our goal is to guide and support all of our student-athletes with respect, passion and unrelenting dedication in order to fulfill their tennis and academic ambitions.

Whether your children dream of becoming professional tennis players or having a successful career in any other field, we will equip them with the skills: their success is our mission. Since the launch of the program, our students have achieved academic and athletic excellence.

Our graduates were awarded access to prestigious and highly selective universities in the USA and other countries (France, UK, Germany, etc.), while many have gone on to achieve very good results on the ITF, WTA and ATP circuit.

FRENCH & INTERNATIONAL SCHOOL

**> 97% SUCCESS RATE
AT THE "BACCALAURÉAT"
& 100% CERTIFIED
HIGH SCHOOL DIPLOMA**

**> OVER 45 DIFFERENT
NATIONALITIES
REPRESENTED**

**> N°1 SCHOLARSHIP USA
PLACEMENT PROGRAM**

> From September to June (full boarding)

> 10 to 18 years old

**> A high-level program that combines
intensive training, tournaments and
school curriculum throughout the year**

WANT TO JOIN?

Contact our Tennis & School department:
tennisandschool@mouratoglou.com

WE SHAPE THE FUTURE OF TENNIS

Since its inception in 1996, the world's most promising talents have been developing their game at the Mouratoglou Academy and winning important titles.

ALEXEI POPYRIN

In 2019, Alexei won at least one match in all four Grand Slam tournaments, entering the ATP Top 100 for the first time. He has reached the third round of the Australian Open (2019, 2020) and the US Open (2019), won the Singapore Tennis Open in 2021 and Primrose Bordeaux in 2022.

LINDA FRUHVIRTOVA

2019 Les Petits As singles and doubles champion, won her first WTA singles title in 2022 at the Madras tournament, reached the fourth round of the Australian Open in 2023, and became the youngest player ranked in the WTA Top 100.

HOLGER RUNE

In 2022, "the Machine" was the first Dane to reach the ATP Top 10 singles in the Open Era, and won his first title at the Paris Masters, beating Novak Djokovic in the final to become the youngest winner of the tournament since Boris Becker (then aged 18 in 1986).

STEFANOS TSITSIPAS

In 2019, he became the youngest player to beat all three of Novak Djokovic, Roger Federer and Rafael Nadal. The Greek tennis god has won nine ATP titles, including two Masters 1000 titles, and reached two Grand Slam finals: Roland Garros 2021 and the Australian Open 2023.

COCO GAUFF

In 2019, she became the youngest player since 1991 to qualify for the main draw and to reach the Round of 16 at Wimbledon. In 2021, she entered the Top 20 WTA singles, and in August 2022, she became world No. 1 in doubles.

BRENDA FRUHVIRTOVA

Les Petits As champion in singles (2020) and doubles (2019). Claimed one W40 title, eight W25 titles, and won 54 of her 64 matches since December 2021, with a record of five consecutive tournaments wins and an impressive streak of 25 consecutive wins. Youngest player at the 2023 Australian Open, Brenda managed to qualify for a Grand Slam main draw at just fifteen years old.

CONTACT

camps@mouratoglou.com

+33(0)4 83 88 14 38

Online registration

mouratoglou.com

